# THE FIVE BEHAVIORS OF A COHESIVE TEAM $^{\text{\tiny TM}}$

# Patrick Lencioni

BASED ON THE NEW YORK TIMES BEST-SELLING BOOK The Five Dysfunctions of a Team

# **Comparison Report**

For Martin Gilmore Working with Kathryn Petersen Friday, November 03, 2017

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# Introduction



A cohesive team needs to master five behaviors: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results. Accomplishing all of this takes more than just understanding the concepts—team members need to have a meaningful understanding of themselves and their peers.

Since the team is made up of individuals, one-on-one relationships can have a big impact on the team as a whole. This report is designed to help you better understand Kathryn and give the two of you the tools to build a more effective working relationship. All of the information is derived from the responses you and Kathryn gave on your Five Behaviors of a Cohesive Team assessments. Before you begin, take a look at the overview of the five behaviors below:

### **Trust One Another**

When team members are genuinely transparent and honest with one another, they are able to build vulnerability-based trust.

### **Engage in Conflict Around Ideas**

When there is trust, team members are able to engage in unfiltered, constructive debate of ideas.

### **Commit to Decisions**

When team members are able to offer opinions and debate ideas, they will be more likely to commit to decisions.

### **Hold One Another Accountable**

When everyone is committed to a clear plan of action, they will be more willing to hold one another accountable.

## **Focus on Achieving Collective Results**

The ultimate goal of building greater trust, productive conflict, commitment, and accountability is one thing: the achievement of results.





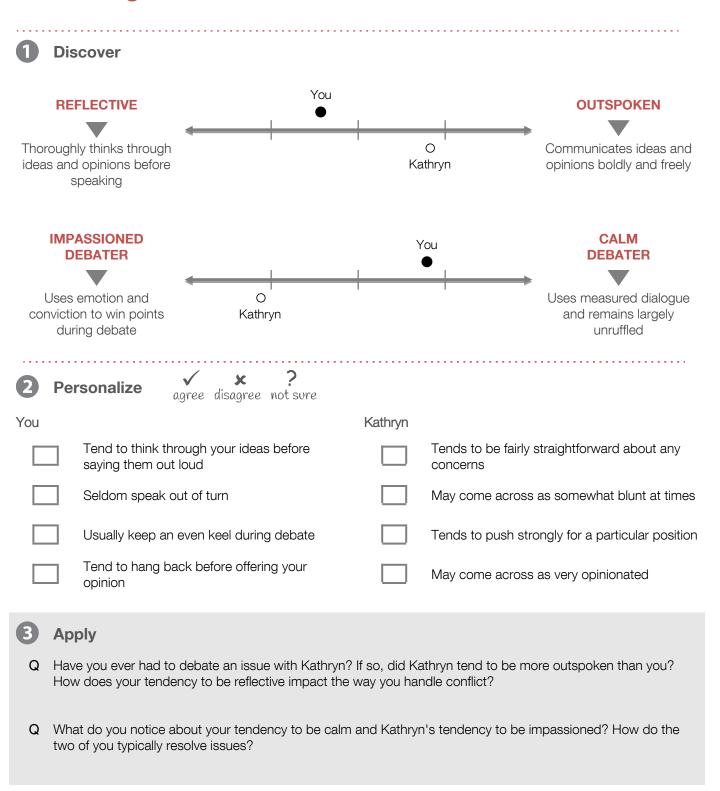


**Discover** You **EXPRESSIVE PRIVATE** Holds back personal Conveys personal O information openly and Kathryn information and is slower easily to open up You **SKEPTICAL ACCEPTING** 0 Searches for hidden flaws Welcomes people and ideas at face value Kathryn and potential problems **Personalize** agree disagree not sure Kathryn You May be somewhat guarded and difficult to May be somewhat guarded and difficult to read at times read at times Tend to need some degree of personal Tends to need some degree of personal Tend to question and test other people's Tends to consider what could go wrong ideas May come across as a bit too questioning at May come across as overly critical at times times **Apply** 

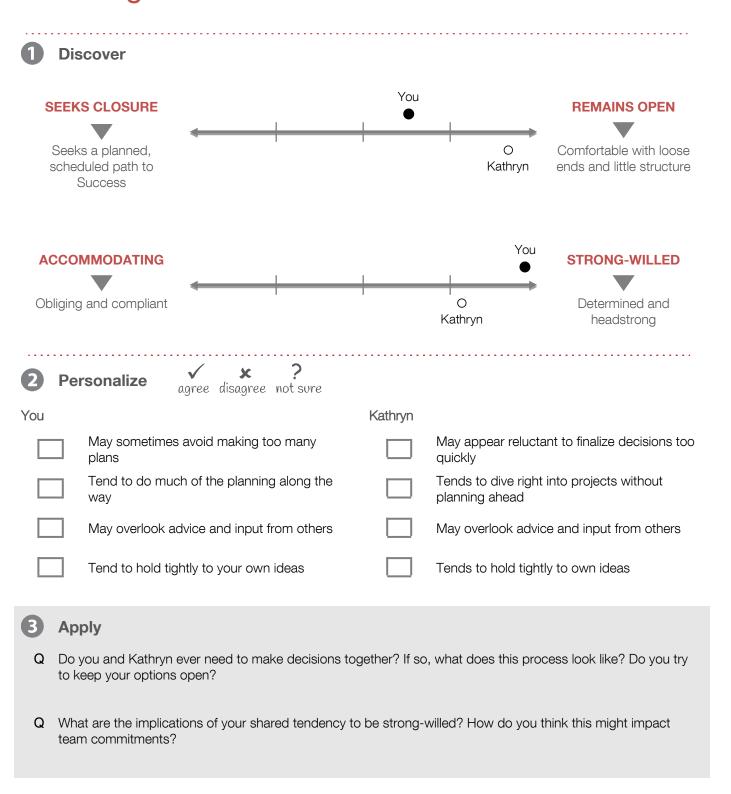
- Q How has your shared tendency to be private affected your ability to build trust? What challenges have you experienced? Typically, what do you need in order to be more open around others?
- Q How have your similarities in being questioning and doubtful impacted your relationship? Does this differ from your experiences with more accepting colleagues?



# **Mastering Conflict**

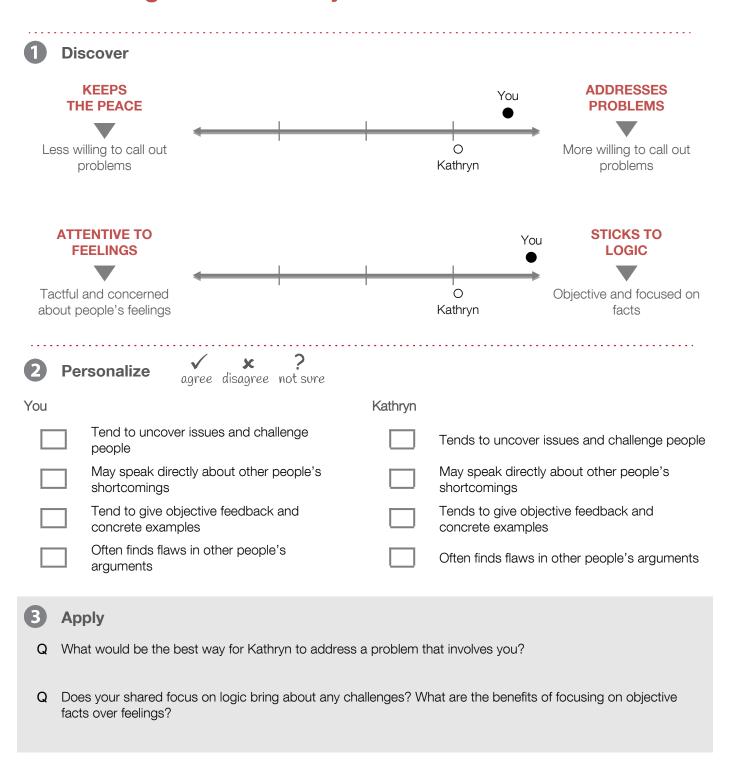


# **Achieving Commitment**



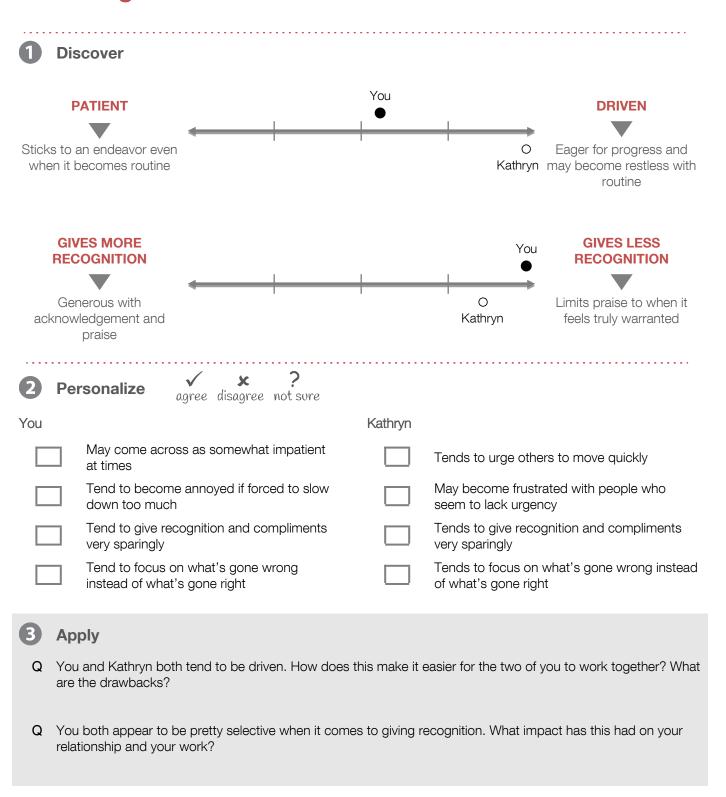


# **Embracing Accountability**





# Focusing on Results



# More Similarities and Differences

Martin, this page includes some additional information about you and Kathryn, including some of your similarities, differences, and ways that the two of you have the potential to complement each other.

# **Your Greatest Similarities**



### You and Kathryn

- Tend to be strong-willed
- Enjoy working alone
- Are frank
- Are skeptical
- Are private

### **Your Greatest Differences**



### You

- Are more precise
- Are soft-spoken
- Tend to avoid risk
- Dislike having to be aggressive
- Are reflective

# Kathryn

- Is less precise
- Is forceful
- Tends to take risks
- Doesn't mind being aggressive
- Is outspoken

# How can you complement each other?



- You help Kathryn maintain a measured, thoughtful cadence during tense exchanges.
- Neither of you expects a lot of recognition or praise from the other.
- Kathryn will join your efforts to convey a sense of urgency and push for immediate results.
- Kathryn respects your need for personal space.

# Results Accountability Commitment Conflict Trust

# Summary and Action Plan

Read through the suggested tips and use the extra space for your notes or reflections.

Traits	Tips	Action Taken
From Trust		
You're somewhat private. Kathryn is somewhat private.	Make an effort to ask questions to help Kathryn open up.	
You're very skeptical. Kathryn is somewhat skeptical.	Clarify Kathryn's intentions before jumping to conclusions.	
From Conflict		
You're somewhat reflective. Kathryn is somewhat outspoken.	Ask Kathryn direct questions instead of beating around the bush.	
You're somewhat calm. Kathryn is very impassioned.	Say so, when you are feeling pressured by Kathryn's tone.	
From Commitment		
You're somewhat likely to remain open. Kathryn is very likely to remain open.	Set a reasonable timeline for making decisions together and stick to it.	
You're very strong-willed. Kathryn is very strong-willed.	Evaluate your differences in a constructive way, like listing pros and cons.	
From Accountability		
You're very likely to address problems. Kathryn is very likely to address problems.	<ul> <li>Regularly and explicitly discuss expectations before problems arise.</li> </ul>	
You're very likely to stick to logic. Kathryn is very likely to stick to logic.	State your concerns objectively, but also give Kathryn a turn.	
From Results		
You're somewhat driven. Kathryn is very driven.	Identify situations where a bit more patience could pay off.	
You're very unlikely to give recognition. Kathryn is very unlikely to give recognition.	Build recognition into your plans.	